



IFOS Product Report

Product Name:	Super Omega-3 Gems
Product Type:	Ultra Refined
Product Availability:	USA, Canada
Product Summary:  	<p>J.R. Carlson Labs Super Omega-3 Gems is a clean and highly concentrated omega-3 fish oil product. Each capsule contains a minimum of 300 mg of EPA and 200 mg of DHA. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	SB010045
Expiry Date:	05/2022
Recommended Daily Allowance:	US: Adults take two softgels daily at mealtime. Canada: Adults take 1 softgel twice per day with meals.
NPN:	80005548
Company Name:	J.R. Carlson Laboratories Inc.
Company Phone:	888-234-5656
Company Website:	http://www.carlsonlabs.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	300 mg/softgel	301 mg/softgel	YES
DHA	200 mg/softgel	202 mg/softgel	YES
Total Omega-3	600 mg/softgel	605 mg/softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.468 ppb	YES
Dioxins and Furans	<= 1 ppt	0.734 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.0768 ppt	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<= 20	9.61	YES
Peroxide	<= 5 meq/kg	2.63 meq/kg	YES
TOTOX	<= 19.5	14.87	YES
Acid Value	<= 3 mg KOH/g	0.69 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	<0.005 ppm	YES
Lead (Pb)	<= 0.1 ppm	< 0.02 ppm	YES
Total Arsenic (As)	<= 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	<= 0.1 ppm	< 0.01 ppm	YES

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