



# Consumer Report

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| <b>Product Name:</b>                                                                                                                                                                                     | Ultimate Omega®                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Product Type:</b>                                                                                                                                                                                     | TG Softgel                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Product Availability:</b>                                                                                                                                                                             | USA/Canada                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Product Summary:</b><br><br><br> | <p>Ultimate Omega® is a clean and highly concentrated fish oil, containing a minimum of 60% purified omega-3 fatty acids EPA and DHA, as well as natural d-alpha tocopherol and rosemary extract for enhanced stability. This product received an IFOS rating of 5 out of 5 stars based on the following criteria:</p> <ul style="list-style-type: none"><li>★ Passes all IFOS testing categories – Yes</li><li>★ Greater than 60% omega-3 concentration – Yes</li><li>★ Oxidation level less than 75% of CRN standard – Yes</li><li>★ PCB levels less than 50% of CRN standard – Yes</li><li>★ Dioxin levels less than 50% of WHO standard – Yes</li></ul> |
| <b>Batch/Lot #:</b>                                                                                                                                                                                      | 1285E3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Expiry Date</b>                                                                                                                                                                                       | 01/2016                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Recommended Daily Allowance:</b>                                                                                                                                                                      | 2 softgels daily with food                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Company Name:</b>                                                                                                                                                                                     | Nordic Naturals                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Company Phone:</b>                                                                                                                                                                                    | 800.662.2544                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Company Website:</b>                                                                                                                                                                                  | <a href="http://www.nordicnaturals.com">http://www.nordicnaturals.com</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

The IFOS™ Program is provided exclusively by Nutrasource Diagnostics Inc.

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| <b>Category 1:<br/>Potency</b><br>Omega-3 content vs.<br>product label claim | <b>Concentration</b> | <b>Batch Results</b> | <b>IFOS Compliance</b> |
|------------------------------------------------------------------------------|----------------------|----------------------|------------------------|
| <b>EPA</b>                                                                   | 325 mg/cap           | 337 mg/cap           | Yes                    |
| <b>DHA</b>                                                                   | 225 mg/cap           | 248 mg/cap           | Yes                    |
| <b>TOTAL OMEGA-3</b>                                                         | 640 mg/cap           | 669 mg/cap           | Yes                    |

| <b>Category 2:<br/>Purity, Safety &amp;<br/>Cleanliness</b> | <b>Standard Limit</b> | <b>Batch Results</b> | <b>IFOS Compliance</b> |
|-------------------------------------------------------------|-----------------------|----------------------|------------------------|
| <b>PCBs</b>                                                 | < 90 ppb              | 0.11 ppb             | Yes                    |
| <b>Dioxins and Furans</b>                                   | < 2 ppt               | 0.201 ppt            | Yes                    |
| <b>Dioxin-Like PCBs</b>                                     | < 3 ppt               | 0.008 ppt            | Yes                    |

| <b>Category 3:<br/>Stability</b> | <b>Standard Limit</b> | <b>Batch Results</b> | <b>IFOS Compliance</b> |
|----------------------------------|-----------------------|----------------------|------------------------|
| <b>True Anisidine Value</b>      | >70%                  | 81.9%                | Yes                    |
| <b>Peroxide</b>                  | < 5 meq/kg            | 3.51 meq/kg          | Yes                    |
| <b>Acid Value</b>                | < 3.0 mg KOH/g        | 0.2 mg KOH/g         | Yes                    |

| <b>Category 4:<br/>Heavy Metals</b> | <b>Standard Limit</b> | <b>Batch Results</b> | <b>IFOS Compliance</b> |
|-------------------------------------|-----------------------|----------------------|------------------------|
| <b>Mercury (Hg)</b>                 | < 0.1 ppm             | < 0.005 ppm          | Yes                    |
| <b>Lead (Pb)</b>                    | < 0.1 ppm             | < 0.01 ppm           | Yes                    |
| <b>Total Arsenic (As)</b>           | < 0.1 ppm             | < 0.05 ppm           | Yes                    |
| <b>Cadmium (Cd)</b>                 | < 0.1 ppm             | < 0.01 ppm           | Yes                    |

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