



IFOS Product Report

Product Name:	Omega O3
Product Type:	Ultra Refined
Product Availability:	Australia, Europe, USA, Middle East
Product Summary	<p> Omega O3 is a clean and highly concentrated omega-3 fish oil product. Each 900 mg capsule contains a minimum 74% total omega-3 concentration, as well as gelatin, glycerin and natural mixed tocopherols.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES <p>★★★★★</p>
Batch/Lot #:	1252710100
Expiry Date:	09/2020
Recommended Daily Allowance:	3 capsules
Company Name:	Puori
Company Phone:	Europe: +45 7199 5419 / North America: +1(866) 540-0788
Company Website:	http://www.puori.com

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Category 1: Potency Omega-3 content vs. product label claim	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA	417	429	Yes
DHA	167	192	Yes
Total Omega-3	667	693	Yes

Category 2: Purity, Safety & Cleanliness	IFOS Standards	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.0223 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.132 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.00496 ppt	Yes

Category 3: Stability	IFOS Standards	Batch Results	IFOS Compliance
Acid Value	<= 3 KOH/g	0.1 KOH/g	Yes
Peroxide	<= 5 meq/kg	0.30 meq/kg	Yes
Anisidine	<= 20	2.0	Yes
Total Oxidation	<= 19.5	2.6	Yes

Category 4: Heavy Metals	IFOS Standards	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005	Yes
Cadmium (Cd)	<= 0.1 ppm	< 0.01	Yes
Lead (Pb)	<= 0.1 ppm	< 0.02	Yes
Total Arsenic (As)	<= 0.1 ppm	< 0.05	Yes

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