IFOS Product Report

Product Name:	Super Omega-3 Softgels
Product Type:	Ultra Refined
Product Availability:	USA, Canada

Product Summary:



★★★★★

Whole Foods Market Super Omega-3 is a clean and highly concentrated fish oil product. Each capsule contains purified omega-3 fatty acids EPA and DHA.
This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:

- ★ Omega-3 Concentration Consistent with Label – YES
- ★ Passes IFOS Oxidation standards – YES
- ★ Passes IFOS PCB, PCDD/F standards – YES
- ★ Passes IFOS Heavy Metal standards – YES
- ★ Passes all IFOS testing categories – YES

Batch/Lot #:	0815RD5052861
Expiry Date:	
Recommended Daily Allowance:	Two softgels daily with food
Company Name:	Whole Foods Market
Company Phone:	
Company Website:	http://www.wholefoodsmarket.com

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	325 mg / softgel	328 mg / softgel	YES
DHA	225 mg / softgel	257 mg / softgel	YES
Total Omega-3	640 mg / softgel	685 mg / softgel	YES

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	< 45 ppb	0.175 ppb	YES
Dioxins and Furans	< 1 ppt	0.680 ppt	YES
Dioxin-Like PCBs	< 1.5 ppt	0.063 ppt	YES
Radioactivity	<50 bq/kg	<10 bq/kg	YES

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<20	14	YES
Peroxide	< 5 mEq/kg	0.8 meq/kg	YES
TOTOX	< 19.5	15.6	YES
Acid Value	< 3.0 mg KOH/g	0.33 mg KOH/g	YES

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	< 0.1 ppm	< 0.005 ppm	YES
Lead (Pb)	< 0.1 ppm	< 0.02 ppm	YES
Inorganic Arsenic (As)	< 0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	< 0.1 ppm	< 0.01 ppm	YES